

CLARENDON COLLEGE ALUMNI ASSOCIATION  
SOUTH FLORIDA CHAPTER



*15th Annual  
Dinner Dance*

AUGUST 31ST, 2013





# Florida Heart & Vascular Consultants



**DR. SIMONE FEARON M.D**  
**BOARD CERTIFIED CONSULTANT, CARDIOLOGY**

Dr. Fearon is licensed to practice Medicine in the State of Florida.

Specializing in the field of Cardiology, Dr. Fearon is prepared to provide specialized care for the heart and cardiovascular system in patients. Some of the conditions treated by Dr. Fearon may include high blood pressure and cholesterol levels, complications of diabetes, heart disease and defects, general chest pains, and other cardiovascular conditions.

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## Hospital Affiliation

Memorial Regional  
Memorial Regional South  
Memorial Hospital West  
Memorial Hospital Miramar  
Memorial Hospital Pembroke

## FLORIDA HEART AND VASCULAR CONSULTANTS

1150 N 35th Ave Ste 240  
Hollywood, Florida 33021  
(Memorial Regional Office  
Building)

Tel: 954-251-0733

Fax: 954-251-0755

HOURS MON-FRIDAY  
9:00AM-5:00PM

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Doctor Specialty:  
Cardiovascular Disease  
Practice Specialty:  
Cardiology

*Congratulations to Sigma College for approval to offer the  
**RN to BSN Bridge Program***

*Come in to one of our Campuses for more information!*



*Calling all Veterans! Sigma College is now approved by the  
Florida Department of Veterans Affairs (FDVA)*

*Call or come in to find out how we can help you further your skills in the healthcare field*

**Oakland Park Campus**

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**Coconut Creek Campus**

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Coconut Creek, FL 33068  
954-708-2519 (O)  
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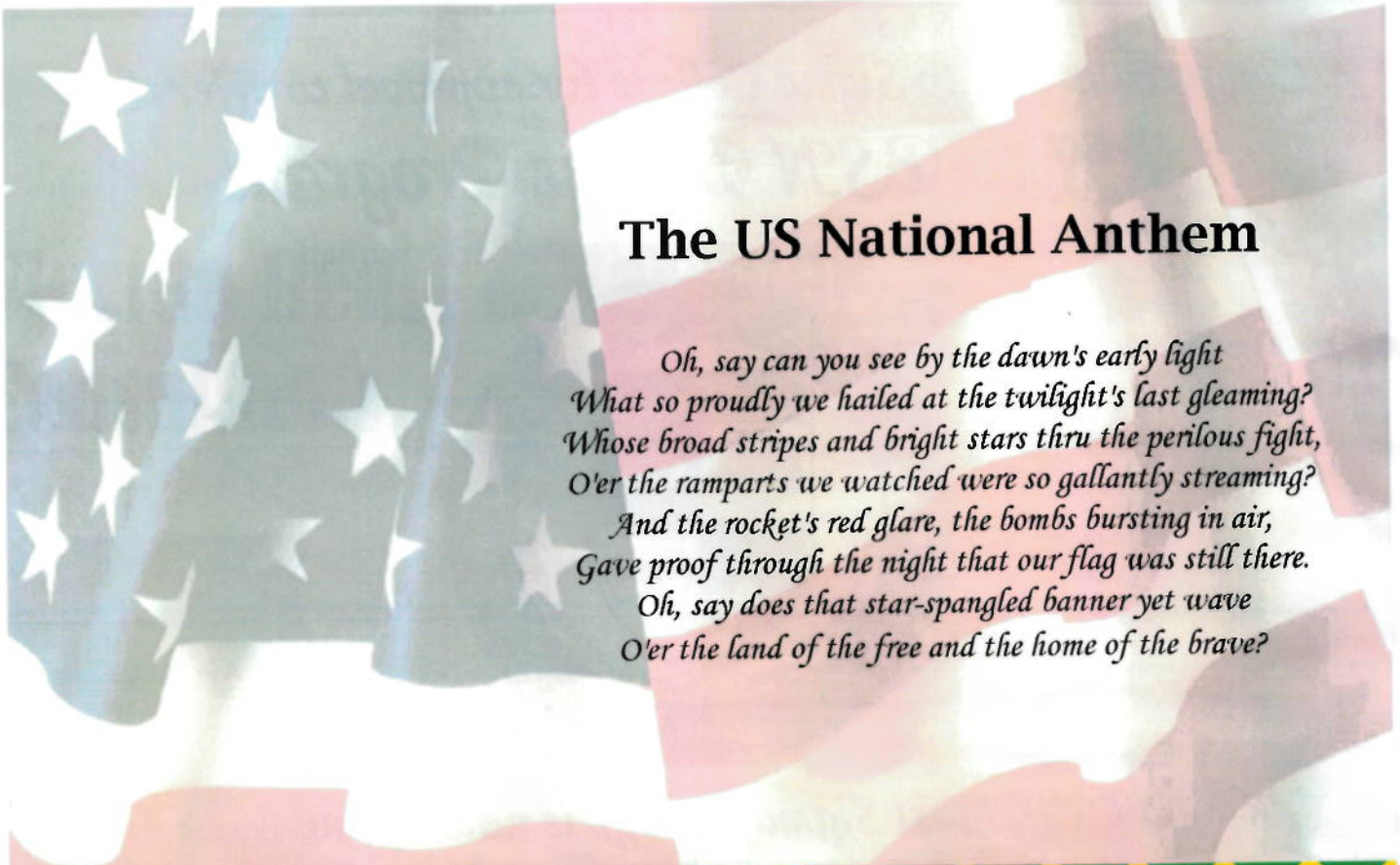
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**Programs Offered:**

**RN to BSN Bridge**  
**Associate Degree in Nursing**  
**Practical Nursing**



Dr. Vanilyn Brown-Daley, PhD RN  
President/CEO



## The US National Anthem

*Oh, say can you see by the dawn's early light  
What so proudly we hailed at the twilight's last gleaming?  
Whose broad stripes and bright stars thru the perilous fight,  
O'er the ramparts we watched were so gallantly streaming?  
And the rocket's red glare, the bombs bursting in air,  
Gave proof through the night that our flag was still there.  
Oh, say does that star-spangled banner yet wave  
O'er the land of the free and the home of the brave?*



## Jamaica National Anthem

*Eternal Father bless our land,  
Guard us with Thy Mighty Hand,  
Keep us free from evil powers,  
Be our light through countless hours.  
To our Leaders, Great Defender,  
Grant true wisdom from above.  
Justice, Truth be ours forever,  
Jamaica, Land we love.  
Jamaica, Jamaica, Jamaica land we love.*

*Teach us true respect for all,  
Stir response to duty's call, strengthen us the weak to cherish,  
Give us vision lest we perish.  
Knowledge send us Heavenly Father,  
Grant true wisdom from above.  
Justice, Truth be ours forever,  
Jamaica, land we love.  
Jamaica, Jamaica, Jamaica land we love.*

# Welcome to our 15th Annual Fund-Raising Ball

*"Because we Care!"*

## *Program*

*The National Anthems*

*Master of Ceremonies..... Ms. Donna Scott Mottley*

*Invocation*

*Welcome and opening remarks.....Ms. Bethany Jones Powell*

### *Musical Interlude with Dinner*

#### *Menu*

*Iced Tea on request*

*Garden Salad*

*Duet of Boneless Breast of Jerk Chicken*

*With*

*Lightly blackened Salmon*

*Rice and Peas*

*Steamed vegetables*

*Carrot Cake with whipped cream on a raspberry painted plate*

*With a fanned strawberry garnish*

*Tea and Coffee*

*Principal's Message.....Mr. David O. Wilson*

*Special Project.....Dorritt Miller*

*Presentation to Food for the Poor.....Ms. Sandra Thomas*

*Drawing of Gate prize and Surprises.....Ms. Ileen Williams*

*Vote of Thanks.....Mr. Baldwin Francis*

*Dance to the sounds of DeeJay C-Roy*

#### Contact Info:

Clarendon College Alumni Association Inc.,  
South Florida Chapter (CCAASF)  
P.O. Box 245365  
Pembroke Pines, FL, 33024

Check us out at [www.clarendoncollegefl.org](http://www.clarendoncollegefl.org)



## Message from the Principal

The 2012-2013 School year came to an end on June 28, 2013. It marked the end of an era where Mr. Hassett Stone had served the school for thirty four years. Whilst we cannot find adequate accolades to bestow upon one who produced a generation of Mathematicians, we applaud his longevity and acknowledge with pride

his significant contribution to student development at Clarendon College. The Board of Governors, Principal, Staff and students wish for Mr. Stone a happy retirement and bright new prospects as he starts a new life beyond the boundaries of Clarendon College.

I wish to applaud the South Florida Chapter of Past Students' Association, for its continued efforts to augment our academic programme. In a recent ranking of schools across Jamaica, based on students passing five or more CSEC (CXC) subjects at one sitting, we were placed twenty ninth (29th) of 162 schools. Whilst we are not satisfied with this position, we are cognizant of the myriad of challenges we face and overcome daily in our quest to ensure maximum student success. We are particularly aware of the economic challenges faced by our parents with approximately forty five (45%) of our student population being on the PATHE programme. In this regard, the school thanks this body for its continued provision of scholarships which have helped to fund the attendance of many of our students who would otherwise have lost this privilege.

As we evaluate our successes and our failures, we strive for yearly improvement. We have implemented several strategies to improve student success. We have sought to improve teacher accountability, improve teacher quality, develop our students' special talents and improve our performance in the co-curricular areas inclusive of sports - all sports.

I use this medium too to encourage other past students to formalize their assistance by routing their contributions through the association so that proper recognition as well as transparency can be secured.

I wish to commend Mrs. Bethany Jones-Powell and her hardworking team who have continuously put Clarendon College at the forefront of their fund-raising efforts. They have truly lived our motto, insisting that as they persevered and excelled so should the present body of Clarendon College students.

May this year's dinner and reunion bring happy hearts together and may the fellowship continue as we work to build our school.

**David O. Wilson**  
**Principal**

## Master of Ceremonies Donna Scott-Mottley

Our Master of Ceremonies is a woman who epitomizes the concept of needing no introduction. Although most people know her as 'Donna', it is good to review some of her many accomplishments. Even before she arrived at CC in 1967, she had already established a name for herself, as the first runner-up (Girl) in the All -Island Spelling Bee competition. In high school she continued to blaze a trail, as the winner of the first ever Student of the Year award, and later as Head Girl.



Her successful career in law could have been predicted; as captain of the Debating Team she could persuade everyone in the room to change their original opinion to agree with her. She led the school on a protest against becoming a Comprehensive High School. Nor was it surprising that upon graduation as an Attorney-at-Law, she soon decided to launch her own law firm, known as Scott, Bhoorasingh and Bonnick.

Politics called, and she became a PNP Senator in 1989; Deputy President of the Senate; Junior Minister in the Ministry of Youth Culture and Community Development, then Ministry of Information and Culture. In 2005, after a break to focus on her family, she returned to the Senate once more.

Since leaving politics she has held many public offices; member of many boards of Governors (such as Clarendon College Board of Directors); and is currently Member of the General Legal Council of Jamaica, Chair of the Accreditation Committee and member of the General Legal Council Pension Fund. She is a Member of the Financial Services Committee, Chair of the Sugar Company Holdings of Jamaica and Deputy Chairman of the Michael Manley Foundation.

Donna is also a media personality. She has cohosted the TV program *Elombe and Me* (with her husband); she hosts TVJ online; and on radio she has cohosted the Breakfast Club, and is currently cohosting *Jamaica Speaks* with Trevor Munro and Gladstone Wilson.

She has received awards and honors from the Women's Political Caucus as a Master Trainer; she has been honored by the PNP for service to the Senate of Jamaica, and has been honored by the PNP Women's Movement. In 2007, Donna was awarded the Silver Musgrave Award for distinguished eminence in the development of Culture through the use of legal skills. She was one of two Clarendon College past students receiving Musgrave Awards that year!

Although these achievements and awards are considerable, they make up only a fraction of the work that Donna does. There are many people who can attest to her private support and mentoring, her many acts of kindness and selflessness. We are thankful that although she has represented Jamaica around the world, she never forgets her roots, and is always willing to come to the aid of her alma mater.



## Message from the President of the Atlanta Chapter

My fellow alumni, on behalf of the team members of the Atlanta Chapter of the Clarendon College Past Students' Association, it is my pleasure to bring you greetings, and to congratulate you on your 15th Anniversary!

For seventy-one years, this flame that was lit by the Late Reverend Lester Robert Davy, on February 2, 1942, has not only been our guiding light, but it has enlightened the lives of so many of us who have passed through the halls of CC. It is amazing that so many past students and friends can come together to support our Alma Mater, while at the same time, reminisce about those good old days at Clarendon College. This wonderful little paradise in the hills of Chapelton, has been more than an educational institution for countless number of past students; it was home. We are truly thankful for our principals and teachers who were there to guide us and help us see the light. Their commitment to excellence has not only served us well, but has also imbued us with a sense of obligation to serve the society into which we have been thrust.

Clarendon College has produced many outstanding men and women who have contributed in all aspect of society. Those who have gone before, blazed the trail of success, and have passed the baton to the youngsters who are now in school. It is my hope that we will be able to continue to work with the school to provide scholarships and other educational resources, so that they too will be able to see the light. As we join you in South Florida, I hope that this celebration will help to bring us closer together as a CC family, create a bond of friendship and unity, and evoke a renewed commitment to our school.

I would also like to take this opportunity to thank all the members of the Clarendon College Mentoring Program who have done an outstanding job with their students. Because of their commitment as a mentor, and their financial assistance, every student in the program did exceptionally well on their exams. We are all very proud of their achievements. Congratulations go out to the following students:

*(see next page)*



**Latania Jones - Stacey-Ann Nembhard - Ranique Sullivan - Patrick Caine - Lerone Brown - Doen Gayle - Ronisha Brown - Melena Powell - Francina Francis - Tanesha Mitchell - Wayne Wright and Kadene Matthews**

**Congratulations also to Shawna-Kay Williams who has just graduated at the top of her class at Mico University!**

**I would like to encourage you to become a member of the CC Mentoring Program and help to make a difference in the life of a student.**

**Wishing you all an enjoyable evening!**

***Dr. Hyacinth Broderick-Scott***

**President Atlanta Chapter  
hyascott@hotmail.com - (954)-292-3816**

**Message from the President  
of the  
Jamaica Chapter**



It is my distinct pleasure to bring greetings to you and the members of the South Florida Chapter on behalf of the members of the Parent Chapter on this the occasion of your 15<sup>th</sup> Annual Dinner Dance.

We trust that the evening will be a very enjoyable and entertaining one and will continue to foster that atmosphere of camaraderie amongst the Alumni of Clarendon College in Florida and beyond.

I want to also take this opportunity to say thanks to your Chapter for the unstinting and continued support that you give to our Alma Mater and to us here in Jamaica as we resolve to achieve our mandate as alumni (i.e. among other things, to encourage and advance understanding, goodwill and unity among its members and the student body and develop a greater interest in the civic, economic, commercial, industrial and cultural affairs of Clarendon College and of the island of Jamaica).

Have a great evening and a wonderful week-end as you "catch up with old friends, eat a food, pose for the paparazzi, see and be seen".

God bless!

Angela Spencer  
President

2012 - 2014

BOARD OF DIRECTORS:

Bethany Jones Powell  
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Baldwin Francis  
Vice President

Woodrow Scott  
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Marrion Mills-Edwards  
Asst. Secretary

Ileen Williams  
Public Relations Coordinator

## CCAASF EXECUTIVE BOARD 2012-2014

### Message from the President

The end of summer is upon us, and with it an opportunity to party with our Clarendon College family. This year we have seen the formation of yet another Alumni Association, this time in the United Kingdom. Such is the strength of our connection and commitment to our alma mater.

It is hard to believe we have been getting together in South Florida for fifteen years now, and each year we have to give thanks for everyone who joins us, and for those who send their greetings and support.

In case you wonder what keeps us going, it is very simply: "Because we care". The flame lit in 1942 continues to burn within us, and we will continue to do our part to help current students of Clarendon College to succeed. The energy which keeps the flame burning is fueled by the knowledge that we are making a difference. Please continue to do everything you can to contribute to the cause.

Bethany Jones Powell



The annual  
Scholarship  
Application  
Review.  
Members hard at  
work!

**THE COALITION OF JAMAICAN ALUMNI ASSOCIATIONS OF FLORIDA**  
**4<sup>TH</sup> ANNUAL WALKATHON**

**CENTRAL BROWARD REGIONAL PARK  
CR – SHELTER 02-M  
3700 NW 11<sup>TH</sup> PLACE  
LAUDERHILL, FLORIDA 33311**

**SATURDAY, DECEMBER 7, 2013  
8:00 AM TO 1:00 PM**

**PROCEEDS TO BENEFIT SCHOOLS IN JAMAICA  
& COMMUNITIES IN  
FLORIDA**

**CALL RUPERT (954) 242-2529 OR THE COALITION OFFICE AT (954) 510-6265 OR  
CONTACT YOUR ALUMNI ASSOCIATION THROUGH THE WEBSITE  
[WWW.CIAAE.INFO](http://WWW.CIAAE.INFO) FOR MORE INFORMATION**

**IMPORTANT INFORMATION**

- + **PARK ENTRANCE FEE: \$1.50 PER PERSON OR \$8.00 PER CAR**
- + **TROPHY TO THE TEAM(S) WITH THE MOST PARTICIPANTS**
- + **COFFEE, JUICE, WATER AND FOOD WILL BE PROVIDED**
- + **\$50 REGISTRATION FEE PER ALUMNI ASSOCIATION TO DEFRAY COST OF EVENT**
- + **THE EVENT WILL BE STREAMED ON THE INTERNET BY IRIE TIMES**
- + **DJ MARK SWABY WILL PROVIDE THE MUSIC**

**VOLUNTEERS NEEDED – CALL RUPERT (954) 242-2529 OR THE COALITION OFFICE  
AT (954) 510-6265**

**2012 THROPHY WINNERS**



**ALPHA**



**MONTEGO BAY HIGH**



**QUEENS**



**ST. HUGH'S**

**CCAASF Scholarship Recipients 2012-2013**

**2nd formers (\$145 each)**

Kishawni Black  
 Abigail Brown  
 Amoy Buckley  
 Shania Christian  
 Nadetta Edwards  
 Addonique Fearon  
 Taisha Gay Fearon  
 Lasford Green  
 Sheraine Larmond  
 Havagaye Maddix  
 Jeroy Wright

**3rd formers (\$145 each)**

Tennril Campbell  
 Kimone Dennis  
 Kadijah Ricketts  
 Chevoy Ruth Williams

**Top Performers (Ja \$10,000 each)**

Cheyenne Campbell  
 Jevon Wilson

**J.A. MacMillan Scholarship(\$200)**

Tiffany Thomas

**Beverly Dowell Scholarship**

**(\$145)**

Courtney Palmer

**Special Award (\$200)**

Isheka Butler

*Total Scholarship Funds  
 Disbursed 2012*

**\$5,345**

*Donation to Local Charity  
 Food for the Poor*

**\$500**

**4th formers (\$200 each)**

Veniece Davis  
 Romario Francis  
 Romaine Meredith  
 Okazaki Morgan

**5th formers (\$325 each)**

Malcolm Barrett  
 Shellanda Johnson  
 Shanna Quay Martin  
 Annessa Ranklin  
 Althia Smart

**CSEC RESULTS 2013  
 SCHOLARSHIP RECIPIENTS**

Malcolm Barrett: (Top Performer, Male)  
**DISTINCTIONS (8):** AGRICULTURAL SCIENCE, BIOLOGY, ENGLISH, INFORMATION TECHNOLOGY, MATHEMATICS, PHYSICS, ACCOUNTS, SPANISH.  
**CREDIT (1):** CHEMISTRY

Kayann Boucher: (Top Performer, Female)  
**DISTINCTIONS (9):** BIOLOGY, CHEMISTRY, PHYSICS, MATHEMATICS, ENGLISH LANGUAGE, LITERATURE, INFORMATION TECHNOLOGY, SPANISH AND AGRICULTURAL SCIENCE

Shanna Quay Martin:  
**DISTINCTIONS (5):** MATHEMATICS, ENGLISH, INFORMATION TECHNOLOGY, PHYSICS, ACCOUNTS.  
**CREDITS (4):** BIOLOGY, CHEMISTRY, GEOGRAPHY, SPANISH

Althia Smart:  
**DISTINCTIONS (2):** INFORMATION TECHNOLOGY, ACCOUNTS. **CREDITS (5):** BIOLOGY, CHEMISTRY, GEOGRAPHY, MATHEMATICS, PHYSICS. **PASS (2):** ENGLISH, SPANISH

Shellanda Johnson:  
**DISTINCTIONS (1):** LITERATURE. **CREDITS (6):** BIOLOGY, HISTORY, ENGLISH LANGUAGE, GEOGRAPHY, MATHEMATICS, SOCIAL STUDIES

Annessa Ranklin:  
**CREDITS (1):** INFORMATION TECHNOLOGY. **PASS(8):** BIOLOGY, CHEMISTRY, ENGLISH, GEOGRAPHY, MATHEMATICS, PHYSICS, ACCOUNTS, SPANISH

## Gay-Ann Clarke

### Striving for Excellence—in her own words



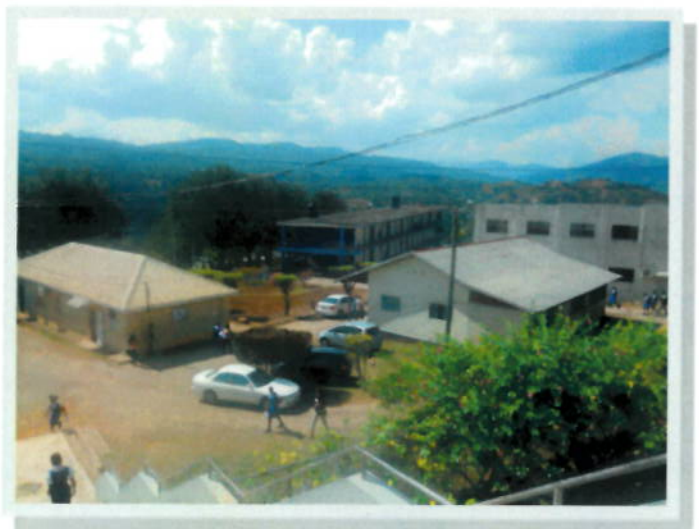
I am Gay-Ann Clarke a fifteen year old student at Clarendon College. I am the first born of a set of twins. My twin was stolen when I was a baby so I have never seen her. According to my mom, when I started walking, I started walking on my heels. Since then, I have gone to different doctors; there has been no improvement in my situation even after surgery. The doctors say my limbs are weak. Because I visited the doctors on a regular basis, my education suffered. My mother has been the one who has supported me. When I attended Basic school, she was the one who would transport me to and fro on her back. She did this until I graduated to Primary School, and later made arrangements with a taxi driver to transport me. Now I am at Clarendon College, she wheels me on the wheel chair to and from school. At the moment, the wheel chair is falling apart. Because of my situation, my mother is unable to work. There is no help from my father.

I am very conscious of my situation because people are always making fun of the way I walk. I wish that I were able to take the bus and taxi on my own, but this is not my reality. I would like to operate like a regular student.

My life is not comfortable, and most of the times when I think, I cry. I long for a change in my life. When I was in grade 5 at All Age School, I did another surgery on my knees, this did not help, and it made matters worse. As a result of this surgery, I was now confined to a wheel chair. I had to miss school for a year in order to get therapy. In 2013, I was admitted to the hospital for another surgery. I have seen little improvement, I am walking partially but I still have to be dependent on the wheel chair. This surgery caused me to be out of school at Clarendon College for three months so I missed a lot of lessons.

I long for the day when there is a change in my life. I will be grateful for any support that your organization can provide for making this a reality. Thank you and your organization for all that you have been doing to improve the lot of others. Thank you for reading my essay and I look forward to a positive response as I commence fourth form which will be a critical year.

Gay- Ann Clarke



*Imagine trying to get around this campus in a wheelchair.*



# Meet & Greet 2012



# Dinner Dance 2012

## Lily the Letter Reader

### A Short Story

By Mary Bailey  
CC 1975-1981

"Yes, Mama, I'm coming now!" replied nine year old Lily as she hastily rolled up her jump rope and raced down the winding gravelly track to her waiting mother and her two brothers, who were already dressed and heading out to Sunday evening rally practice. Lily was a diminutive ball of energy, with hair out to there, short for her age, with an indefatigable drive that had her friends asking for a timeout in softball and hopscotch. Since she began walking on her own at seven months old, Lillian Barnett had not been one to sit still, irrespective of the occasion, be it festive or solemn. Mama Barnett called her only daughter a blessing because she was obedient and kind to every living soul, but jokingly warned her that she was going to play her life away. Lily, a tiny creature, was much like the flower, delicate, ethereal and strong, wearing a smile and an attitude that belied the circumstances of her birth.

It was no picnic living in the small rural community of Cane Bridge, two miles from the bus stop, no electricity, no running water. She shared a tiny room and double bed with her mother and older brothers. Despite this Lily was always cheerful, excited and bubbly. She dazzled with her smile, said a bright good morning to the old and young and merrily skipped along to the shop, the library or wherever her errands took her.



An avid reader from the age of three, Lily immersed herself in borrowed books, the Bible, old magazines and newspapers and learned how people lived in other places. Her English grammar and spelling were second to none and she outperformed everyone in her age group by leaps and bounds. By age six, neighbors were requesting her services in letter writing and reading, as many were illiterate. Mama Barnett was proud to consent. Lily became somewhat of a celebrity in her small village, reciting regularly at Sunday school. At the annual harvest, she was the star performer, delighting the congregation who paid to see her perform over and over again.

At age nine, Miss Cynthia asked her to read two chapters of scripture, a letter from Cousin Suzie in New York and then write a reply. Lily was so satisfied with the job she did that when she reached home, she piped up, "Mama, what is immigration and who is an obeah man?" Mama Barnes nearly fainted. Shaking and obviously shocked, she took Lily around the back and in stern, low tones, commanded her never, ever to repeat anything she had read in Miss Cynthia's letters. Duly chastened, Lily offered to go to the post office to see if anyone had written to Mama. Maybe a letter would bring a smile to her face.

As Lily made her way on the narrow dirt road to the Square, an overwhelming sense of foreboding replaced the tiny kernel of hope she held in her heart. She barely remembered her father who had left for England when she was only two. The three church dresses, one pair of black church shoes and school sneakers she owned had all come in a parcel from Aunt Jean in New Jersey. Not even a card or a photo from Dad. Lily fought back the tears and tried to swallow the lump in her throat as she recalled Vanessa's schoolyard comment that she was fatherless and poor. She could still hear Vanessa's taunting voice trailing her mercilessly down the hallway. "One suit gal. One shoes gal." Vanessa's parents lived in Canada and often sent her foreign candy which she would distribute to a chosen few.

Mama had taught her to be kind to everyone. Dear Mama. At night she would slip quietly to the floor when she thought her children were sleeping, and sob softly, holding her pillow and rocking back and forth, then asking God for food for her children. Not clothing. Not shelter. Lily was unable to stem the tide of tears that blurred her vision and she let them flow unchecked as she walked the lonely road.

In early September just before Lily turned ten, Principal Brown asked Mama Barnett to allow Lily to attend scholarship classes at six thirty each morning in preparation for the examination that would give her access to the high school two hours away. Students were taught Shakespearean literature, languages, drama and participated in extra-curricular activities like Girl Guides, athletics and student government. Lily could not contain her glee!

She vowed to excel in school so she could buy a big home for Mama one day. Thanks to Miss Cynthia's cock that crowed every morning at 5:30 and woke Mama, Lily was never late for scholarship class. Of course Mama didn't own a clock nor a cock of her own. On the second Sunday of the New Year, Lily wrote a beautiful letter and read two chapters of Psalms for Miss Cynthia.



Filled with gratitude, Miss Cynthia handed Lily a big dish of the traditional Sunday dinner for her to take home to share with her family. The meal of steamed veggies, chicken and rice and peas was delicious. Once the children had had their fill, they fell asleep, replete.

Next morning Lily reluctantly awoke to the sound of Mama begging her to get out of bed. She opened her eyes and saw a panic-stricken Mama pulling on her leg and urging her to wake up. The sunlight streaming through the holes in the ceiling told her something had gone horribly wrong. Lily was late for her scholarship class. How could this have happened? "I woke up, but I didn't hear the crowing so I dozed off again," Mama said in a tremulous voice, then blurted out, "Dear Jesus, Cynthia cooked the cock!" Lily felt queasy and rushed to the back of the house where she violently threw up. Later that day for the first time she penned her own letter to Aunt Jean in New Jersey, asking her nicely for a clock. In two weeks, the alarm clock arrived and Lily was never late again. Still, the memory of the dinner clung to her like a damp, musty blanket and she never looked at rice and chicken the same way.

Examination day arrived amid an air of nervousness and trepidation. For some reason that Lily could not fathom, Mama decided to accompany her to school that day. Vanessa was already there, dressed in her finest shoes, carrying a new purse and bragging, "I don't care if I pass this stupid exam anyway. I'm Canadian."

Lily entered the exam room and was surprised to see that the center was staffed by Edward and Alex, supervisors from the Ministry of Education. Unperturbed, Lily sat down, said her prayers, waited for instructions and then began to read. Halfway through her essay on the environment, she noticed Alex motioning to Edward then pointing to Lily's paper. They read her work for a full two minutes then Edward softly mouthed the words, "OH... MY...GOD." They walked away whispering to each other.

May came with a blast of extra hot hair and high expectations. Lily was among twelve students who were awarded free places to high school. She also received a special government scholarship for textbooks, tuition and boarding fees, but not uniform and boarding supplies. Mama Barnett cried with relief and pride but while she graciously accepted the congratulatory remarks, she was wondering if the sale of her goat and calf would fetch her enough money to buy all the items on the list. She had to send her little girl off to prepare for a better life.

Joy turned to disappointment in July when Mama Barnett realized she couldn't afford the five uniforms, bed linen, white dresses and shoes for Lily's stay in the dormitory. Mama had nowhere to turn. Could she go back to Miss Mauva's store and get more stuff on credit? Miss Mauva had sewn the one uniform for free. But she still needed socks, stockings, hats, school bag and towels. How would

Lily manage without those bare necessities, without Milo, milk, oatmeal, crackers, sardine, tuna and pocket money?

Crushed, Mama Barnett sat in the dirt at the back of the house and cried out to God for a miracle. Slowly, mechanically, she rose to her feet, brushed the dirt from her dress and started humming the tune to 'Jesus is a Way Maker', while she chopped wood for the fire.

Deep in thought she barely heard Lily calling her. Craning her neck, she saw a black minivan parked close to where Lily and her friends were playing hopscotch. Two well dressed women came out of the van and walked towards her. They stretched their hands out to shake hers and Mama nervously wiped her hands in her greasy apron before accepting. What could they possibly want with her?

"Don't look so scared Mrs. Barnett. We are members of a past students association based overseas. We want to make sure Lily has everything she needs for boarding school in September," one lady stated. Mama Barnett staggered and her eyes filled with tears. She felt as if the feeling had left her legs and unconsciously grabbed the lady's arm for support.

From a distance, Lily was staring anxiously at Mama and the two ladies. The afternoon calm was shattered with shouts of "Hallelujah, Hallelujah! You're my angels of mercy. How did you know?" The two women smiled conspiratorially at each other then beckoned to Lily and invited her to open the suitcases in the rear of the vehicle.

Mama shook as she saw the four blue and white uniforms neatly folded in the suitcase. "How did you know her size?" she asked. "Miss Mauva contacted us and told us Lily's story and gave us her measurements." they explained happily. Totally disregarding the state of her clothing, Mama Barnett hugged the ladies. Words were unnecessary. She was incapable of speech anyway. By the end of the hug, everyone was in tears. All the requirements for dormitory living had been met and surpassed and it was hard to tell who was more overjoyed, Lily or Mama Barnett or the ladies from foreign.

Along with the uniforms there were personal items, a CD player and CDs, a journal, several books, teen magazines, bed linen, towels, clothing, shoes and more. To top it off, the ladies presented Mama Barnett with a check for additional expenses and school supplies for Lily's brothers. They even vowed to help when it became time for Lily to attend university. It was truly a joyous day in the Barnett household. When night fell, Mama Barnett held her children in a loving group embrace, looked upwards, and felt for the first in a long time that everything would be okay.

*The End*



## LET'S DISSECT A PUMPKIN

Hello everyone! Thank you for taking the time out to read this delicious and healthy excerpt. What follows is 3 different recipes to help you get the most taste and nutrients out of your Pumpkin – via Stuffed Roasted Pumpkin, Pumpkin Drink and Baked Pumpkin Seeds. Enjoy! (Vegetarian friendly!)

### Stuffed Roasted Pumpkin

Buy Fresh Pumpkin/Squash.  
Cut pumpkin in halves.  
Scoop out seeds, strings and wetter darker guts of the pumpkin.  
Roast in a preheated 375°F oven. Range to cook is 350-450 until tender enough to pierce with a fork. Usually one hour.  
Preparation Time: 15 Minutes

#### Ingredients:

Large pumpkin (Halved)  
1 Can Vegetarian Baked Beans  
1/3 Cup Vegetable Broth  
1 Cup Bell Peppers (Assorted Colors, Chopped)  
1/2 Cup Onions (Chopped)  
2 Large Cloves Garlic (Minced)  
1/2 Teaspoon Thyme  
1/3 Cup Celery (Finely Chopped)  
Salt  
Pepper

In a large skillet, over medium high heat, heat broth until simmering and cook onions until softened, but not brown. Add garlic, thyme, and bell peppers. Cook, stir 1 minute, and then remove. Fill pumpkin half with baked beans stuffing. Bake for 15 minutes, or until lightly browned. Do not over bake.



Wait, we are not done yet!!

### Pumpkin Drink

Wash, peel, dice pumpkin  
Blend  
Add nutmeg, vanilla, almond spices  
Sweeten the way you like.

Now, can you tell the difference between pumpkin and carrot juice?  
You can make a pumpkin drink by also boiling the pumpkin, an older recipe.

### Baked Pumpkin Seeds

#### Ingredients:

2 Cups Raw Pumpkin Seeds  
1 Teaspoon Salt (Or substitute any favorite seasoning of yours, including ground cinnamon)  
2 Tablespoons Water  
1 Tablespoon Butter

Preheat oven to 350°F. Rinse and dry pumpkin seeds so there is no goo or strings.

Melt butter onto a cookie sheet, or foil. Spread pumpkin seeds evenly over the buttered sheet, and sprinkle with seasoning and water.

Bake in the preheated oven for 10-15 minutes, shaking the pan every four minutes to ensure even baking.  
MMMM! Yummy.

### Health Benefits of Pumpkin

*Keeps eyesight sharp:*  
A cup of cooked, mashed pumpkin contains more than 200% of our recommended daily intake of vitamin A, which aids vision.

*Aids weight loss*  
Pumpkin is rich in fiber, 3 grams per 1 cup serving, and only 49 calories.

*Pumpkin seeds can help your heart*  
Naturally rich in plant based chemicals called phytosterols that reduce 'bad' cholesterol.

*Pumpkin may reduce cancer risk:*  
It contains the antioxidant beta carotene which may play a role in cancer prevention.

*Protects the skin*  
Carotenoids keeps skin wrinkle free.

*Pumpkin seeds can boost your mood:*  
Rich in amino acid, tryptophan, which is important in the production of serotonin – helps your outlook stay bright.

*Pumpkins help after a hard workout:* A cup of cooked pumpkin has more potassium with 564 mgs to a banana's 422!

*Boosts immune system:*  
One cup cooked contains more than 11 mgs or nearly 20% of the 60 mgs IOM recommends women need daily.

## South Florida Chapter 2012-2013 Year in Review

Since last we got together, CCAASF has continued to combine fund-raising with having fun. In December 2012 we gathered at Central Broward Regional Park for a fundraising Walkathon with the Coalition of Jamaican Alumni Associations. We hope that this year more of our past students will join in the celebrations in a health promoting way.



We returned to our roots in January, attending a Congregational Church service in Boynton Beach. It was good to tell the story of the Congregational Minister, the Rev. Lester Davy, and to listen to a simple but memorable sermon told in the tradition of the Rev. Pearce Jones. We were uplifted spiritually, and treated to a concert worthy performance by the church pianist. Angels in heaven were rejoicing.

In March we had our 3rd annual Spring Sinting – and had a good turnout, along with the opportunity to jump and dance in a Reggae Village way.

Over the course of the year, members from South Florida traveled to Atlanta, New York, and Toronto to join the festivities hosted by Past Student Chapters all over the world. Hopefully next year we will also be represented in the UK, as the London Chapter holds its 3rd annual fund-raising dinner dance in July 2014!



The most meaningful activity of the year is the review of the Scholarship applications. We are touched by the sincerity and simplicity of the essays, and reminded of our own good fortune. Although we laugh and have a good time, members (both male and female) can be seen furtively wiping away a tear.

*Because we care.*

Founders Day 2013—a pictorial journal

*Carol Lopez*





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## With Heartfelt Thanks

We are told that in all things, we should give thanks. It is easy to do so when there are so many people who have given generously and freely of their time and effort. First and foremost we thank those who have supported us this year, and over the last fifteen years. Because of your loyal support we have been able to help hundreds of students to achieve their dreams. The staff of the Fort Lauderdale Marriott, Coral Springs Hotel and Resort have gone out of their way to make our weekend a successful one. C-Roy the Entertainer as always has been receptive and eager to make sure we get our full complement of music. We thank Our MC Donna Scott-Mottley for her gracious eloquence. We thank Ricky Walters for providing a mellow mood in our lobby. Pat Montague came through with Negril on the Green to provide a comfortable venue for our Friday night meet and greet. We have been fortunate to receive goods and supplies for our Sunday cook-out at C B Smith park courtesy of Grace Kennedy, Co., Silver Springs Water Company, Ocho Rios Trading Company, Taste Rite Foods and Broward Meats and Fish Company. An anonymous donor provided a cash gift to cover the cost of the table decorations, for which we are truly grateful. We appreciate every one who has bought an ad in our magazine, a ticket for the dinner, or contributed in some other way. We feel very blessed to be able to call on our friends, and on behalf of Clarendon College we would like to give a big THANK YOU. Please know that your generosity and caring is appreciated by the CCAASF and the students and staff of Clarendon College.



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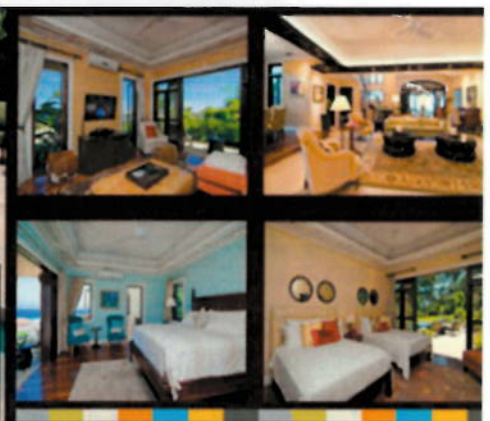
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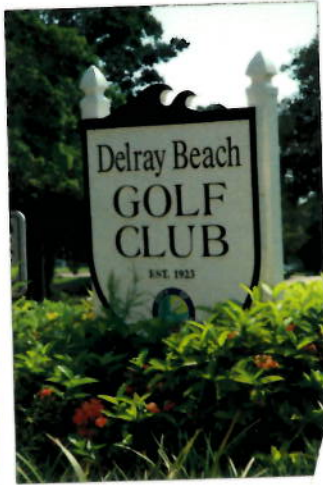
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